

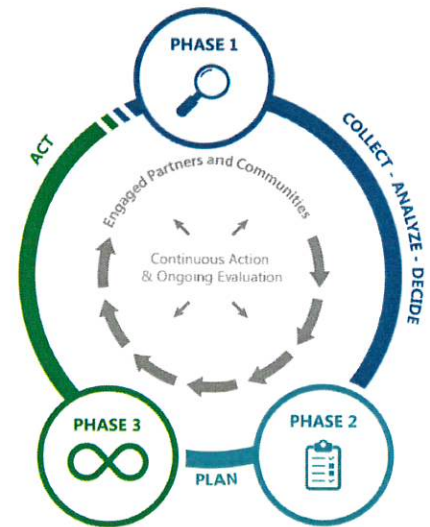


COMMUNITY HEALTH ASSESSMENT Madison County

The Community Health Needs Assessment, or CHA leads to a better understanding of the health of our county's residents.

The CHA helps local agencies and organizations working on health issues to ensure that the most pressing health concerns are being addressed, and to plan and coordinate their efforts. It is also used by our Health Department in its strategic planning process.

Collaborating agencies in western NC have chosen to repeat this cycle every three years.



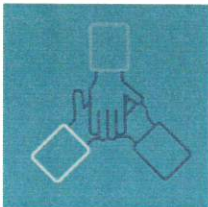
HEALTH PRIORITY 1



Healthy Eating/Healthy Weight/Diabetes

- 86% of key informants selected obesity as a major problem in the community
- 80% of key informants selected pre-diabetes/diabetes as a major problem in the community

HEALTH PRIORITY 2



Substance Use/Mental Health

- 82% of key informants selected substance use as a major problem in the community
- 77% of key informants selected mental health as a major problem in the community

WHO'S INVOLVED?

The CHA is a collaborative effort between Madison County Health Department and Madison Community Health Consortium.

The Steering Committee led the CHA process and determined health priorities.

Madison residents shared their input through surveys and additional local data collection.



Support of this process was provided by **WNC Healthy Impact**, a partnership between hospitals and public health agencies to improve community health in western North Carolina.

HIGHLIGHTS

MADISON COUNTY HEALTH ASSESSMENT 2021

Overweight and obesity can lead to serious health concerns and is attributed as a risk factor for many chronic diseases such as diabetes. Regional data analysis indicates that low income, people who are unable to work and people who live in rural areas are more likely to be obese. In 2021, 34% of Madison residents surveyed stated that they were at a healthy weight (BMI of 18.5–24.9).

Substance Use/Misuse is a chronic health issue with adverse consequences for individuals, families and communities. Madison County had five overdose deaths due to opioids in 2019. The percent of overdoses due to opioids has continued to increase from 2010 until present. The current data for 2020 (40%) is a 108% increase from 2017 (19%). The prevalence of individuals whose life has been negatively affected by Substance Use increased to 57% in 2021.

Mental wellness is important in overall health. The COVID-19 pandemic had a major effect on everyone's lives. Many are facing challenges that can be stressful, overwhelming, and cause strong emotions. The prevalence of individuals in Madison County who did not get needed mental healthcare or counseling significantly increased in 2021 (18.8%). Additionally, the prevalence of individuals who always or usually get needed social/emotional support has decreased by 11 %.

FOR MORE INFORMATION & TO GET INVOLVED

2021 Madison Community Health Assessment findings are shared with stakeholders, community partners, and the general population.

The report can be accessed in person and online at the following locations:


- Madison County Health Department- www.madisoncountyhealth.org
- WNC Health Network- www.wnchn.org
- Madison County Public Libraries

For more information or to get involved call 828-649-3531

RESOURCES

- Healthy Eating Active Living (HEAL Team)
- Madison Substance Awareness Coalition (MSAC)

For additional resources visit www.nc211.org



"Key Madison County informants referenced the COVID-19 Pandemic as an example of community resilience.